



# Veggies on Wheels



Volume 27 – # 327      NEWSLETTER OF PFENNING'S ORGANIC FOOD BOX      December 1, 2025

1760 Erb's Rd. W., St Agatha – (519) 725-4282 – E-mail: [store@pfenningsorganic.ca](mailto:store@pfenningsorganic.ca) – <https://www.pfenningsorganic.ca/>

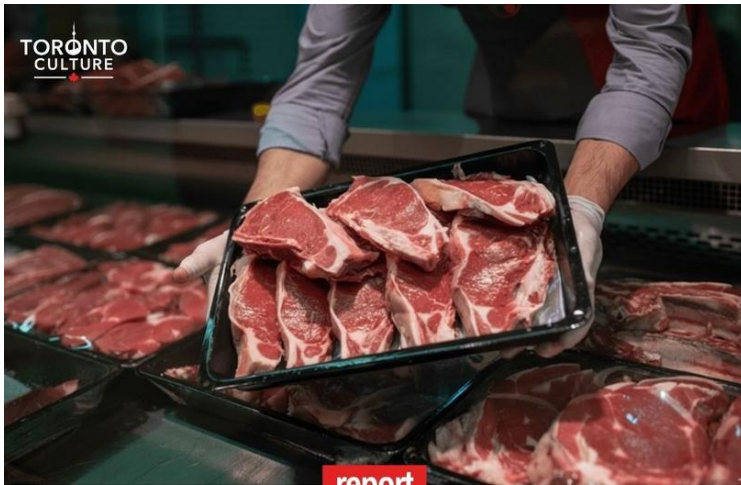
"Veggies on Wheels" (edited by Wolfgang W.) generally appears around the beginning of every month.

## Dear Pfenning's Food Box Community,

### Winter is coming gradually... and so is Cloned Meat!

**Welcome to December!** After moving gradually and gently towards winter, we have now been tangibly reminded of the climatic reality of our land. Much in the same manner, the deceptive inconspicuousness of the snowy season's approach, with a blunt awakening, could be likened to Health Canada recently having stealthily given the green light to cloned meat and dairy – without any apparent need for labelling, as is now becoming uncomfortably and abruptly apparent.

### "Health Canada quietly green-lights cloned meat and dairy with no labels"



The above caption happened to catch my attention when briefly scrolling through our [Instagram](#) and [Facebook](#) pages. The ensuing short [article](#) (from [Toronto Culture](#)) very much commanded my full attention:

*Canada has quietly cleared the way for cloned meat and dairy to be sold in stores, with no labels required. Health Canada removed cloned cattle and swine from its "novel foods" list after a review found no differences in safety or nutrition compared to conventionally raised animals. The policy change takes effect in November 2025 and removes the need for pre-market approvals as well. The low-*

*profile rollout has sparked concerns over transparency and consumer choice, since shoppers won't be able to tell what products come from clones or their offspring.*

Essentially, feeding your family Petri dish protein or the offspring of cloned cattle should be treated the same as a steak from a farmer who genuinely raises animals. It took a bit more searching to come up with an [article](#) in the [Canadian Grocer](#) going back to July of 2024 entitled "**You'll soon be eating cloned meat without knowing it.**" This early contribution by Sylvain Charlebois – senior director of the Agri-Food Analytics Lab at Dalhousie University and professor in food distribution policy – not only clarifies what cloning entails, while purporting that "cloned products do not pose a threat to human health" (**My Comment: There are NO long-term studies corroborating this, nor are any animal-welfare issues considered!**), but also points to the question of **social and moral acceptability of cloning**. Charlebois sees it as doubtful that consumers will unconditionally accept this technology, especially in the absence of labelling. Without mandatory labelling and adequately considering consumer rights and preferences, consumers cannot truly make an informed choice.

**Bottom line:** The matter of liberally introducing unlabelled cloned meat into the market does not appear to be of sufficient public importance to be readily found in mainstream news.

In a more recent analysis on [CityNews](#) entitled [Cloned meat enters the market ... but you would never know](#) – with an interesting [podcast](#) (Ep 1602) – Charlebois also explains how cloning works. A lot of customers have been asking about this, and we offer a brief explanation to help in providing more clarity.

## What is Cloning?

Most commercial “cloning” of livestock uses **somatic cell nuclear transfer (SCNT)**: a nucleus from a somatic (body) cell of the donor animal is transferred into an egg cell whose own nucleus was removed. The egg is stimulated to develop into an embryo and carried to term by a surrogate. Meat (or milk) sold to consumers usually comes from the offspring of clones (not always the clones themselves) because clones historically have had higher health/welfare risks and are often not used long-term as breeding stock (*found in an internet search*).



## The Good News!

In accordance with the guidelines of the [Organic Federation of Canada](#), **the use of cloned animals is not allowed**. The origin or lineage of animals needs to be known so that clones or their descendants are excluded from organic certification. If you want to be sure that you are not consuming cloned animals without your knowledge, your best bet is to only consume **certified organic meat and dairy products** and/or know where your meat is coming from.

Here is a more complete list of practical steps you can take to avoid cloned-derived products:

1. **Buy certified organic** – Canadian organic certification forbids clones/descendants.
2. **Buy from trusted local farms** where you can ask about breeding practices; smaller producers often keep lineage and can confirm no cloning.
3. **Ask retailers / brands** for supply-chain or sourcing statements; some companies will voluntarily disclose breeding methods (best to see explicit, written sourcing policies) or promise not to use clones or descendants.
4. **Give preference to transparent supply chains.**
5. **Display non-acceptance of cloning** by shopping accordingly and supporting non-cloning, thus putting pressure on the markets.

After this lengthy excursion into cloning which we believe is necessary, considering its importance for all our customers, we move on to a more agreeable topic: upcoming holidays!

## Our Holiday Delivery Schedule

Here again is our **Holiday Delivery Schedule**:

**NO DELIVERIES December 29-31, 2025**  
**NO DELIVERIES January 5-7, 2026**  
**Back again for regular deliveries on January 12<sup>th</sup>, 2026**



If you are planning to pay us a visit at this time, be aware that the [Store](#) will be **closed from Dec. 25<sup>th</sup> until Jan. 5<sup>th</sup>** and **open again on Tuesday, January 6<sup>th</sup>**.

We are again offering [Turkey](#) for the upcoming Christmas/New Year's season.

Order directly from our [Catalogue](#), or give us a call for more personalized service.

Looking for **Gift Ideas**? [Gift Cards](#) are very popular, as are [Beeswax Candles](#). Or perhaps an actual, downright [Food Basket](#)?

There are [6 types](#) in 2 sizes to choose from – or get a Custom order right from the [Catalogue](#).

We wish you a very peaceful, pleasant and healthy holiday month,

**Wolfgang, Almut, Aurélie, Barnhild, Sheri, Kyla & all of us at Pfenning's Organic & More**

