



Veggies on Wheels



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"Veggies on Wheels" (edited by Wolfgang W. – with no AI participation) generally appears around the beginning of every month.

Dear Pfenning's Food Box Community,

April Showers and All That Jazz!

We've been getting plenty of those now, and recently more seasonal, growth-promoting temperatures!

But not, so it appears, before once again making us pay for any promising warm spell by hurtling us back down towards freezing temperatures. Considering that we're a mere three weeks away from the expected beginning of planting season, the weather better shape up soon – and it just may!

Anyone itching to get started with sowing, planting and all those long-anticipated gardening activities (or content to see others doing it) will share what could be called a mild frustration – although we know that it can go both ways, and summer could be here in a flash. Anyone's guess is valid.

Garden Seeds!

If you are not yet somewhat deterred, you may want to set your sights on [Garden Seeds](#)! With the days getting longer and sunlight intensifying, farmers, growers, home gardeners and especially greenhouse enthusiasts are getting ready to sow their seeds, or more precisely prepare their spring bed – something Almut has already been doing for a while to get plants ready for her greenhouse in waiting. Time to check out our [Garden Seeds](#) department!

Last year, we began offering flower and vegetable seeds from [Tourne-Sol](#), a Canadian cooperative farm in Quebec, just 60 km west of Montreal, that produces certified organic, non-GMO, seeds that

are open-pollinated, will breed true to type, can be saved and are adapted to our climate and our weather. **Tourne-Sol** seeds can truly be labelled as a "Product of Canada," meaning a product that is entirely produced or sourced in Canada. As a reminder, products labelled as "Made in Canada" signifies that they are assembled or manufactured in Canada, but not necessarily all ingredients/materials are from Canada. You can find plenty of informative videos on their [About Us/Our Farm](#) page. Happy sowing!



Keep it coming! Plastic Packaging (from Amazon or others)

In our last [Newsletter](#), we requested that you leave your bubble wrap packaging (from Amazon or elsewhere) with us in your return Bins or boxes. We make good use of them to package especially frozen items in our Food Box orders. This works very well and cuts down considerably on plastic packaging (which we try to minimize in any case). We were happy to see many of you following our request to recycle your used packaging material with us. Please, keep it coming – and thank you!

Plant Sale at Pfenning's Organic!

Get ready: this may seem early, but it should be helpful for any garden and veggie projects you have planned.

Brenda Knechtel, a seasoned local organic vegetable grower and one of our trusted vegetable suppliers, will be offering the fruits of her experienced labour at her first **Plant Sale** at our [Store](#). Brenda and her husband Maynard have a small but mighty vegetable farm between Millbank and Wellesley. We pick up their wonderful produce on their farm (and several other farms in the area) almost every week during the growing season. Brenda grows veggies such as [carrots](#), [onions](#), [radishes](#), [tomatoes](#), [lettuces](#) and diverse greens for the Store and for your [Food Boxes](#). At her plant sale, Brenda will be offering a large variety of [veggie](#), [herb](#) and [flower seedlings](#). For any seasoned connoisseurs, you will also find a good variety of [hot peppers](#), different [tomato](#) plants and a good assortment of flowers.

Let us know if you are interested in a **detailed list of all the veggies, herbs and flowers** that Brenda will be offering at her **Plant Sale** which will be at [Pfenning's Organic & More](#), 1760 Erb's Road West, St. Agatha, ON, on **Tuesday, May 12th**, from **12-5pm**. We will be putting the **LIST of Brenda's offerings** in our [Blog](#) shortly. We may also be able to deliver to you if you are out of town or can't make it to the sale.

Give us a call for more info: **(519) 725-4282**. We hope you will find everything to satisfy your garden fancy and growing projects – and happy and successful planting!



Delivery Van Mishap

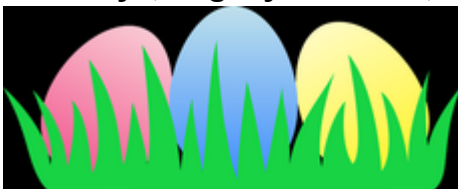
On a cold night in late January, we were awakened by a passer-by alerting us of our trusted blue delivery van being on fire. Alas, despite all our efforts, our old van burned out beyond repair. It appears to have been a fire that was caused by an undetermined issue with the block heater power cords.

Some of you may have noticed that we are now delivering in a new **white Mercedes Sprinter** van which has yet to be lettered and appropriately marked with graphics so everyone will know it's us – **Pfenning's Organic Home Delivery**. It's taking its time, but we will let you know as soon as the newly lettered van is ready for presentation.



More Milk Varieties Than Ever!

If you recently checked out our [Milk](#) department, you will have noticed that you can now choose from more milk varieties than ever before. After a somewhat bumpy start, even Harmony Milk is now mostly available (still waiting for Chocolate Milk). It looks like the [Whole Jersey A2 Milk](#) from M-C – in glass bottles and organic – is becoming very popular with our customers. Eby Guernsey Milk is now in plastic bottles, which some of our customers are reluctant to embrace. Glass bottles do seem to be more appreciated from what we have been observing. **As always, to get your credit, PLEASE, return your glass bottles well-rinsed and washed!**



Happy Easter,

Wolfgang, Almut and all of us at Pfenning's Organic & More