



Veggies on Wheels



Volume 24 – # 283 NEWSLETTER OF PFENNING'S ORGANIC FOOD BOX June 6, 2022

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"Veggies on Wheels" (edited by Wolfgang W.) generally appears around the beginning of every month.

Dear Pfenning's Food Box Community,

What's Growing On?

With planting season now in full swing, we are all extremely happy to continue seeing more and more fresh local produce rolling in. Kale, Chard and Spinach are the forerunners – of course, not without getting that head start in those ever so handy greenhouses. As you have seen if you have been looking into the Local Basket, you can now also look forward to (still mostly coming from greenhouses or some sort of protective covering) Red Radishes, the first Leaf Lettuce, Cilantro, Baby Bok Choy, Peppers, English Cucumber, Tomatoes, and – of course – Asparagus, coming fresh from the field. For more extremely local news from the growing trenches, make sure to check out the flip side for an update on our own greenhouse project and some news from the community garden.



Summer Delivery Holiday Schedule

We are steadfastly moving on toward the summer holiday season. Time to look at our and your holiday schedule. Many people are gleefully looking forward to the opportunity to travel more or less freely, once again. Personally, we will lean toward a wind-down outdoor-oriented family-focused vacation in a quiet corner on the bio-dynamic organic Hack farm (at Almut's sister's and brother's-in-law, where we get Spelt/Rye Bread, Ground Beef and Yellow Flax Seeds) in Bruce County on the province's magnificent west coast.

Whatever your own vacation agenda for this summer might be, please, also do let us know about any of your own holiday plans when you won't be needing a delivery – or go ahead and schedule your own "Blackout Date" in your online Pfenning's account.

NO DELIVERIES during the week following **Canada Day** (1st week of July)
→ **NO DELIVERY July 4 + 5 + 6**

Looking ahead:

NO DELIVERIES the 1st week in August
→ **NO DELIVERY August 1 + 2 + 3** (Civic Holiday and Family Vacation Time)

Biweekly Deliveries

Customers on a biweekly delivery schedule will simply miss their delivery during the off-weeks. Your deliveries will resume two weeks later according to your biweekly delivery schedule. As always, let us know if you wish to adjust this in any way – best to send an email to store@pfenningsorganic.ca, or call us at **519-725-4282**.

Greenhouse and Community Garden Update

You may remember Robert's community garden behind our Store (see our May Newsletter on the Newsletter page: <https://www.pfenningsorganic.ca/Newsletters.htm>). As you can see, his garden has progressed tremendously, and he has even welcomed some gardening neighbours just next to him (Robert's plot is the one in the back). Lots of work involved, but the garden has been attracting a lot of interest, and as the saying goes: Many hands make light work. At the same time, Almut has been tending to our own Greenhouse project, and the most recent picture below will speak for itself (sporting Arugula, Onions, Kale, Spinach, Mescaline Mix, Beets, Tomatoes and more). Other than harvesting our first "fish tank" Chives and bringing home some Wild Garlic from the nearby bush just after the last night frost had transpired, the most exhilarating moment was very recently when Almut treated us to a vibrant salad with freshly cut Arugula from this our very own local greenhouse, with more coming every week along with



Lettuce and all those other greens – much like what you may look forward to in your own Local Baskets. We sure hope and expect our backyard community gardeners to soon be able to partake in the same wholesomely satisfying culinary experience.

Minimum Custom Order Price Adjustment

For several months now we have been subjected to the challenge presented by all around rising purchasing and operating costs. Especially fuel prices have been rising sharply, so that we were compelled to adjust the minimum Custom Order for free delivery to \$100.00 (up from \$80.00). This is for orders from our Catalogue not including a pre-packed Basket. As you know, when any pre-packed Basket is included in the order, there is no extra shipping charge. As always, we thank you for taking note and for your understanding.

New Flyers – Spread the Word about Pfenning's Organic Food Box

After many years of handing out our quite antiquated Store and Home Delivery flyers, we finally took the step and created an updated version, which we are including with your deliveries. Have a look at it, you may learn something that you didn't know before. We would also be happy and grateful if you spread the word and passed it on to organically savvy and local-minded friends and family who may want to learn more about us and maybe give us a try. As you know, we can only stand up to the big box stores and keep up what we have been doing for so long – since 1998 – with **YOUR** help. Let us know if we can send you some more flyers to pass on – and thank you for spreading the word!

**Enjoy the summer solstice month,
Wolfgang**

