

Veggies on Wheels





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1760 Erb's Rd. W., St Agatha – (519) 725-4282 – Fax (519) 725-9968 – E-mail: store@pfenningsorganic.ca – http://pfenningsorganic.ca/ "Veggies on Wheels" (edited by Wolfgang W.) appears about once/month. Biweekly or irregular customers may receive the latest issue at a later date.

Dear Pfenning's Food Box Community,

Right in time for the upcoming Christmas season and for the end of the year we offer our final Newsletter of 2015. After the recent extremely clement weather, we were thrilled to encounter field conditions on the Pfenning's Farm that more closely resembled those of a much more southerly location. The last two years, for instance, winter with its definitive snow covering began as early as November. How spoiled are we now to see pictures such as the one below, taken just a few days ago. We were prrrrety excited when rows of spinach greeted us, along with some nice Italian and curly parsley... and even red leaf lettuce! Yes, in the middle of December! So some of our growing season was graciously extended, somewhat of an early Christmas gift from the fields. See these pictures and more of the Farm along with interesting tidbits about anything and everything on organic farming on the Pfenning's Farm Twitter Page: https://twitter.com/PfOrganicFarms.

Needless to say, along with the usual roots, squashes and greenhouse greens you will shortly be seeing spinach, parsley and red leaf lettuce in your Food Baskets, notably the Local Box. Sorry California, but you'll have to wait a bit.

A word on SEASONAL VEGGIES: During the coming winter season, you may expect more veggies that are in season, such as your roots, squashes, potatoes and leeks. Enjoy them! They are good for you and much more sustainable than goodies from far away. Contact us if you really don't know what to do with them.



Yes, we will yet be delivering coming week, December 22/23 – your opportunity to stock up before the festive days. DO NOT expect a delivery on December 29/30! So NO DELIVERIES in the last week of the year. That is our holiday week off. We will be faithfully back for regular deliveries on January 5/6. MILK ORDERS for those dates (other than Standing Orders) need to be in by Dec. 28.

Biweekly Customers

Biweekly Delivery customers receiving a delivery this week, Dec. 15/16 – you will not be getting a delivery on Dec. 29/30. You may expect your next delivery on January 12/13. If you would like to change this schedule (pull your delivery ahead or get a delivery next week), please, get in touch with us. As always, give us a call at the Store - 519-725-4282 - or send me an email at store@pfenningsorganic.ca.

Thank you to all our customers!

At this year's conclusion we would like to thank all our customers for giving us, a family business and one of the few remaining independent noncorporate organic stores and home delivery services (phew, that's a mouthful), your ongoing support. It is always a pleasure serving you!

Merry Christmas to all and see you in good health in 2016,







Wolfgang, Almut and all of us at Pfenning's