

# Asparagus Soup

## **Blend together:**

1 cup hot water + 1/2 cup cashew nuts

## **Add and whiz:**

2 cups fresh raw asparagus

2 sticks of celery with tops

2 tbsp minced parsley

2 tsp onion powder or fresh

1 tsp salt (to taste)

1 tsp oil

Pinch of thyme

2 cups more hot water

**Heat thoroughly but do not boil. Serve with toast cubes.**

From Ten Talents, by Frank J. Hurd & Rosalie Hurd