

COLOURFUL CAULIFLOWER SALAD

1 small grated cauliflower
1 cup cubed avocado
1/2 cup chopped green pepper or celery

1/2 cup grated butternut squash or carrots
2 Tbs. diced onion
4-5 sliced radishes

Toss with your favourite salad dressing We make our own using 1-2 Tsp. sour cream (or sweet or whipping cream), minced garlic, Tamari sauce, sea salt and diverse herbs, whatever is available (Dill, Parsley, etc.).