

# Home-Made Salad Dressing

*With all those scrumptious greens you are getting these days, here are some ideas for home-made salad dressing (from Mollie Katzen's Moosewood Cookbook):*

**BASIC VINAIGRETTE** (keeps for weeks in the fridge)

- 1 cup olive oil
  - 4-5 Tbs. red wine vinegar
  - 1/2-1 tsp. Salt
  - 1-2 med. cloves minced garlic
  - 2 Tbs. maple syrup or honey
- ➔ Combine everything in a jar, cover tightly and shake well.



## **OPTIONAL**

- Add 2 Tbs. lemon juice
- Add finely minced parsley, dill and/or other herbs (basil, marjoram, chives, thyme)
- Add 1-2 tbs. (or more) mustard
- Add yoghurt, kefir, sour/whipping cream at leisure for more creamy dressing